



Garden City Hospital

Member of Prime Healthcare

For Immediate Release

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GARDEN CITY HOSPITAL AND THE CITY OF WESTLAND PARTNER FOR PASSPORT TO GOOD HEALTH

GARDEN CITY – On February 27, 2019 Garden City Hospital (GCH) and the City of Westland announced their partnership in the community health initiative, “Passport to Good Health.”

Passport to Good health consists of fun and easily achievable challenges to encourage health and wellness in all areas, from fitness challenges, heart-healthy eating, mindfulness, to giving back to others. Passport pages and a schedule of activities can be found on the Garden City Hospital website, www.gch.org/passport-to-good-health or picked up at any Garden City Hospital location or Westland City Hall. To earn a “check” mark on their passport, participants must complete each month’s challenge and submit their completed passport page on the Garden City Hospital website or turn in a hard copy at Garden City Hospital or Westland City Hall. Each passport submission earns entry into a special prize aligned with the overall health theme. Participants are also encouraged to share their accomplishments through the Garden City Hospital and City of Westland social media pages to earn extra prize entries.

“As the lead hospital partner, we’re happy to support an initiative that aligns with our mission, to ensure better health and well-being for our community. When creating these passport challenges, we wanted to incorporate all areas of health, from nutrition to safety to giving back to those in need,” said Saju George, CEO, Garden City Hospital – Michigan Region. “As advocates for better health, we’ve also created ways to involve our own staff, from our physicians and residents to nurses, so we can participate alongside you.”

“Since 2011, the Passport to a Healthy City campaign has been one of my key initiatives” said Westland Mayor Bill Wild, “The campaign promotes healthy, active lifestyles for all of residents through the development of fun, convenient and innovative programs created as a result of strong public and private partnerships between the City of Westland, local businesses, and local residents. We are excited to be partnering with Garden City Hospital this year and extending the program to Garden City and the surrounding communities”

Follow Garden City Hospital and the City of Westland on social media for challenges, tips, updates and to share your success along the way.

Facebook @GardenCityHospital @CityofWestland

Twitter @GCHcares @CityOfWestland

Passport to Good Health challenges will be announced every other month, February, April, June, August, October and December. Prize winners will be granted quarterly. Download or pick up this month's passport page and begin your journey to better health. On behalf of Garden City Hospital and the City of Westland, "we wish you well and look forward to seeing all of your accomplishments!"

About Garden City Hospital: *Garden City Hospital is a 176-bed community hospital with a full range of services and off-site locations. GCH has provided over 70 years of caring to the residents of western Wayne County, Michigan. For the past three years, the hospital has been ranked nationally for clinical excellence with a 5-Star Overall Quality Award™ from Health Grades and has earned an "A" patient safety grade from the Leapfrog Group. The hospital has also been awarded separate Five Star Awards for 2019 for pacemaker procedures, hip fracture treatment, gallbladder removal surgery and treatment of sepsis from Health Grades and is a Blue Cross, Blue Shield of Michigan Blue Distinction Center for Hip & Knee Replacement and Maternity Care. The ER at GCH is a Trauma III designation. GCH has earned HFAP certification as a primary stroke center and Gold Plus standing from the American Heart Association. Learn more at www.gch.org.*

About Prime Healthcare and Prime Healthcare Foundation: *Prime Healthcare is an award-winning national hospital system with 44 acute-care hospitals providing nearly 43,500 jobs in 14 states. Fourteen of the hospitals are members of the Prime Healthcare Foundation, a 501(c)3 public charity with a mission of providing quality, compassionate healthcare for all. Based in California and one of the largest hospital systems in the country, Prime Healthcare and its hospitals have been recognized as among the "100 Top Hospitals" in the nation 38 times and among the "15 Top Health Systems" three times, and Prime Healthcare is the only "Top 10 Health System" west of the Mississippi. For more information, please visit www.primehealthcare.com.*

About the City of Westland: *Westland, Michigan is the state's 10th largest municipality, with a population of over 84,000 people who exhibit a great deal of pride in their All-American City. Westland has a thriving business community along with beautiful residential areas. The citizens enjoy a wide array of amenities and a quality of life that is second to none.*

In 2014, Westland was rated as one of 24/7 Wall Street's America's Best 50 Cities to Live, offering residents and visitors an ideal blend of single-family affordable homes, apartments and condominiums, great schools, and access to numerous outdoor activities. Public safety is delivered by full-service, professional law enforcement and firefighting personnel. Westland Police Department, whose motto is to protect and serve, provides emergency dispatch services to four cities and over 100,000 residents; the Westland Fire Department are licensed paramedics

who responded to over 9,000 calls for service last year, about 85% being medical based. They never forget their mission of preserving life and property.

Westland is well-known as the premier destination for shopping and dining in Wayne County with hundreds of shops and restaurants anchored by the Westland Shopping Center, one of the country's original four regional malls.

Infinite opportunities are available in Westland for the recreation aficionado including, more than 40 parks and 1,500 acres of trails, a 9-hole golf course, hockey arena, athletic fields, playscapes, a Farmers and Artisans Market and more. One of Michigan's most environmentally friendly cities, Westland has a progressive curbside recycling program with one of the highest participation rates in the nation and the City is raising the bar for cultural experiences with the placement of public art throughout the City.

The City is served by two public school districts; Wayne-Westland Community Schools serving 12,000 youth was recently named one of the Best School in Michigan by WXYZ-TV and is the proud recipient of 14 Golden Apple and two Michigan Blue Ribbon Exemplary School Awards. Livonia Public Schools, educating nearly 15,000 students, is proud of their MEAP/MME scores that exceed state averages and the District has also earned Golden Apple and Michigan Blue Ribbon Exemplary School Awards.

The City provides competitive incentives for those who are interested in investing in Westland, making it one of the hottest investment markets in the region. Our Fast-Track to Business Team, which consists of key decision makers who work diligently on a development plan will "cut the red tape" and expedite the approval process for new business development.