Implementing the ABCD’s During a Code Blue Response in an Adult Patient

1. **True**  **False**  Rapid Response is the same as a code blue team.

2. What is the number for activating Rapid Response?
   a. 0
   b. 3333
   c. 911
   d. Do not call a number, scream down the hallway for assistance

3. **True**  **False**  The bedside nurse continues to care for the patient when rapid response arrives by assisting as needed: Obtaining manual vital signs, glucometer, printed labs, and provide the current situation/medical background of the patient.

4. What is the method for communicating to healthcare providers regarding patient status? _____  _____  _____  _____

5. The process for initiating a code blue response is:
   a. Dial “3333” and state, “Code blue on ___ (nursing unit)”
   b. Page the medical extern
   c. Do 2 minutes of CPR then call for help
   d. Pull the fire alarm

6. The **director of a code blue** is:
   a. The nurse assigned to the patient
   b. Charge Nurse/Nursing Supervisor
   c. Physician in charge (intern, resident, attending)
   d. Anesthesiologist

7. The nurse assigned to the patient will assume the role of the ___________ during a code blue to ensure that all events of the code are documented on the *Resuscitation Record*. This provides continuity in documentation and provides the ability to provide information regarding the patient’s hospitalization, current treatments, medications, and the events that occurred immediately before the code.
   a. Medication Nurse
   b. Charge Nurse
   c. Recording Nurse
   d. The runner
8. First line drugs such as atropine and epinephrine are located:
   a. Medication pyxis
   b. Drawer 1
   c. Drawer 2
   d. Lower shelf

9. A medication that is used to treat bradycardia, asystole, and pulseless electrical activity is:
   a. Epinephrine 1 mg every 3-5 minutes, followed by 20ml N.S. IV
   b. Atropine 1mg IV and can be repeated every 3-5 minutes for a maximum of 3 doses (3mg) except in bradycardia. If bradycardia, the dose would be 0.5 mg IV every 3-5 minutes as needed (maximum of 0.04mg/kg).
   c. Atropine via endotracheal tube 2-3 mg diluted in 10cc NS.
   d. Either B or C

10. Epinephrine is a medication used to treat ventricular fibrillation, pulseless ventricular tachycardia, asystole, and pulseless electrical activity. The adult dosage is:
    a. 1mg IV (1:10,000 solution) every 3-5 minutes. Follow each dose with 20ml N.S. IV.
    b. 2-3mg diluted in 10cc N.S. via endotracheal tube
    c. Both A & B

11. True False Amiodarone is an antiarrhythmic and is indicated for ventricular fibrillation, pulseless ventricular tachycardia, and ventricular tachycardia with a pulse.

12. True False Vasopressin is indicated for pulseless ventricular tachycardia and ventricular fibrillation. The adult dosage is to administer 40 units IV as a single dose and it may replace the first or second dose of epinephrine.

13. Which of the following will not be found on the crash cart:
    a. Narcotics
    b. Sedatives
    c. Paralytics
    d. All of the above
14. Indicate the **location** of the following medications/equipment in the crash cart:

<table>
<thead>
<tr>
<th>Medication</th>
<th>Location</th>
<th>Equipment</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amiodarone 150mg/3ml</td>
<td></td>
<td>Syringes</td>
<td></td>
</tr>
<tr>
<td>D5W 250cc</td>
<td></td>
<td>Vascular access equipment</td>
<td></td>
</tr>
<tr>
<td>500cc and 1000cc 0.9% N.S.</td>
<td></td>
<td>IV tubing</td>
<td></td>
</tr>
<tr>
<td>Epinephrine 1:10,000 syringe (1mg)</td>
<td></td>
<td>Ambu bag</td>
<td></td>
</tr>
<tr>
<td>Atropine 1 mg</td>
<td></td>
<td>Intubation supplies</td>
<td></td>
</tr>
<tr>
<td>Narcan 0.4mg/ml</td>
<td></td>
<td>Pacemaker generator for transvenous pacing</td>
<td></td>
</tr>
</tbody>
</table>

15. When the AED is analyzing the patients rhythm, staff are to:
   a. Administer CPR
   b. Stand clear
   c. Start an IV access
   d. Obtain vital signs

16. The electrodes/lead wires and quick combo redi-pak must **both** be utilized for:
   a. Synchronized cardioversion
   b. Transcutaneous pacing
   c. Defibrillation
   d. All of the above
   e. A & B only

17. All of the following statements are true regarding synchronized cardioversion **except**:
   a. Sedate the patient before cardioversion
   b. Cardioversion can be performed at a energy level of 50 joules
   c. The delivery of energy is synchronized to occur during the QRS complex
   d. Synchronized cardioversion is done via the quick combo redi-pak
   e. It is not necessary to record an EKG strip during cardioversion
18. Place a number (1-6) before the following to indicate the steps of manual defibrillation:
   ____ Press Charge button
   ____ Select Energy Select. Adjust as up or down as needed.
   ____ Press ON
   ____ Press Shock
   ____ Apply Quik-Combo therapy electrodes
   ____ Stand clear

19. Some signs and symptoms that may be associated with sinus bradycardia include:
   a. Heart rate <60 bpm
   b. Decreased level of consciousness
   c. Hypotension
   d. All of the above

20. The most effective therapy for the treatment of ventricular fibrillation and pulseless ventricular tachycardia is:
   a. Epinephrine
   b. Atropine
   c. Immediate defibrillation
   d. CPR

21. Asystole may indicate an absence of electrical activity. The first intervention would be:
   a. Check lead placement and assess for a pulse
   b. Initiate CPR
   c. Call a code
   d. Obtain vital signs

22. Interventions for a patient in ventricular tachycardia include:
   a. Assess for a pulse
   b. If the patient is stable (has a pulse) and does not have indications of diminished perfusion – administer medications
   c. If the patient is unstable with a pulse – cardiovert
   d. If the patient is unstable (pulseless) – defibrillate
   e. All of the above
   f. None of the above. CPR is the only indication for ventricular tachycardia

23. Which of the following must be monitored during the post resuscitation period in addition to providing an ongoing physical assessment:
   a. EKG rhythm
   b. Vital signs
   c. Environment
   d. All of the above
   e. A & B only