

Dear Patient,

You are scheduled to have a procedure at Garden City Hospital.

- You must call the Pre-Registration department at 734.458.4408 with your insurance information prior to your scheduled procedure between 8 a.m. and 4 p.m., Monday through Friday.
- Pre-procedure lab testing will be done by the Laboratory department after you check in.
- You will receive a call from one of the nurses in the Endoscopy/Procedure Center. The nurse will call you the day before your procedure between 1 and 3 p.m. and will go over your pre-procedure instructions with you, including your procedure time.

Before Your Procedure

- Stop taking Aspirin and all Non-Steroidal Anti-Inflammatory Medications (NSAIDS), such as Advil, Aleve, Motrin, Naprosyn and Ibuprofen, for seven days prior to surgery, unless otherwise directed.
- Let the physician performing your procedure know if you have a latex allergy.
- Arrange to have a driver stay with you the whole time you are at the hospital.
- Nothing to eat or drink (including gum or mints) and no smoking after midnight the day of your surgery.
- No alcohol for 24 hours prior to the procedure.
- Dress casual in loose-fitting clothing. Do not wear make-up, lotion, body powder, jewelry, contact lenses or body piercings.
- Do not bring valuables with you.
- BRING A PICTURE I.D.

The Day of Your Procedure

- You will arrive at the hospital about one hour prior to your procedure. This will allow us enough time to get you ready, and if we need to do any other tests, we can do them at this time.
- When you arrive, please come through the Main Entrance of the hospital. Go behind the Information Desk and you will walk into the Registration office where you will sign in. After you sign in, please take a seat. You will be called shortly and directed to the Endoscopy/Procedure Center.

After Your Procedure

- You will recover from your procedure in our Post-Procedure Recovery area, for about 30-45 minutes. Your family member will be called to come sit with you and a nurse will review your discharge instructions when you are ready to be discharged home. If you are staying in the hospital, you will go to one of the nursing units after about one hour. In some cases, it may take longer.
- A nurse from the Endoscopy/Procedure Center will call you the day after your procedure. Please remember that a responsible person needs to stay with you for the first 24 hours after your procedure.

Questions

We look forward to making your procedural experience a safe and comfortable one. If you have any questions regarding your surgery, please call the Endoscopy/Procedure Center at 734.458.3343.