



Dear Patient,

You are scheduled to have a surgical procedure at Garden City Hospital. Please follow the instructions below.

PREPARING FOR SURGERY:

- One week prior to your scheduled surgery, call the Pre-Registration Department at 734-458-4408 with your insurance information. They are open Monday through Friday, from 8 am and 4 pm.
- After you have pre-registered, you will receive a call from a nurse in the Pre-Admission Testing Department. Please be ready to give your medical history along with any surgeries or medications you are now taking (prescription, over-the-counter and herbal) along with the dosages. The nurse will go over pre-surgery instructions, including what medications that you can take the day of surgery, if any, what you should wear, and when you should stop eating or drinking.
- If you need tests before your surgery or need to come in to see the nurse, an appointment will be scheduled at this time. If you cannot keep this appointment or need to change the time, it is very important that you call 734-458-3378 and re-schedule.
- You must call the Pre-Op Department at 734-458-3392, between 2 pm and 4 pm the business day before your surgery to get your surgery time and final instructions.

WHAT TO EXPECT:

- Stop taking Aspirin and all Non-Steroidal Anti-Inflammatory Medications (NSAIDS), such as Advil, Aleve, Motrin, Naprosyn and Ibuprofen, for 7 days prior to surgery unless otherwise directed.
- Please let the Pre-Admission Testing Department know if you have a latex allergy by calling 734-458-3378.
- **If you are going home after your surgery, please arrange to have a driver stay with you the whole time you are at the hospital. If you are going to be staying overnight or are being admitted, the driver does not have to stay.**
- **Nothing to eat or drink (including gum or mints) and no smoking after midnight the day of your surgery.**
- **No alcohol for 48 hours prior to surgery.**
- Dress casual in loose-fitting clothing. Do not wear make-up, lotion, body powder, jewelry, contact lenses or body piercings.
- **Please do not bring valuables with you. DO BRING A PICTURE I.D.**

DAY OF SURGERY:

- You will arrive at the hospital about two (2) hours prior to your surgery. This is so we can have enough time to get you ready, and if we need to do any other tests, we can do them at this time. Your family will be able to stay with you until you go to the Operating Room.
- When you arrive, please come through the Main Entrance of the hospital and go to the Admitting Office behind the Information Desk. From there you will go to the Surgery Center waiting area. There is a marble reception desk on the left, across from the windows, where you will sign in. After you sign in, please take a seat. You will be called shortly and taken back to get ready for your surgery.

TIME FOR DISCHARGE:

- You will recover from your procedure in our Post-Op area, also known as the “PACU” or “Recovery Room,” for about one hour. When you are ready to be discharged home, your family member will be called to come sit with you and a nurse will go over your discharge instructions. If you are staying in the hospital, you will go to one of the nursing units after about one hour. In some cases, it may take longer.
- A nurse from the Surgery Department will call you the day after your outpatient surgery. Please remember that a responsible person needs to stay with you for the first 24 hours after your surgery.

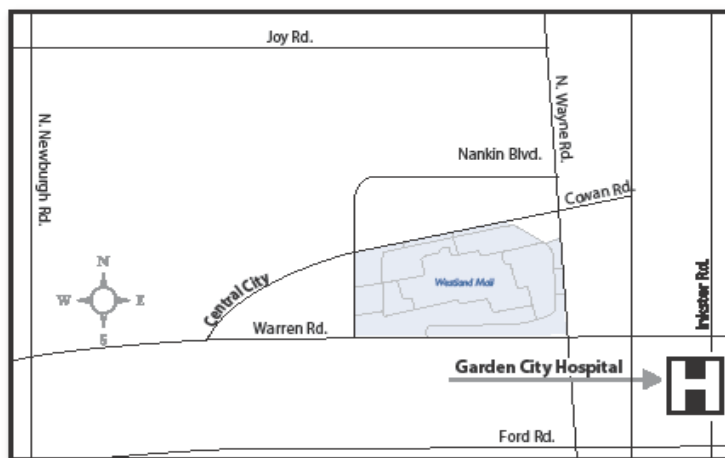
QUESTIONS:

We look forward to making your surgical experience a safe and comfortable one. If you have any questions regarding your surgery, please call us:

Pre-Registration: 734-458-4408

Pre-Admission Testing: 734-458-3378

Pre-Op: 734-458-3392



GARDEN CITY HOSPITAL
6245 Inkster Road (Just north of Ford Road)
Garden City, MI 48135

GCH.org

Need a Physician? 1.877.717.WELL