



PATIENT PREPARATIONS

MRI Prep:

Patient is recommended to wear comfortable clothing. Please notify technologist if the patient has any metal objects in the body; including, aneurysm clips, insulin pumps, or pacemakers. Please note if the patient is claustrophobic and arrangements will be made.

CT Scans:

CT with IV contrast and CTA exams: No food 4 hours prior to procedure. Patient may drink fluids. Have patient pick up oral contrast 24 hours prior to CT Abdomen and/or Pelvic exams, except for stone survey or hematuria.

Nuclear Medicine:

Thyroid – No multivitamin, minerals, or thyroid medication for 1 month. No contrast media within last 2 months. No anti-thyroid medications for 3 days. No sushi/cabbage for 1 week.

Fluoro:

- Esophogram – 4 hours fasting prior to exam.
- UGI and Small Bowel Series – Fasting after midnight prior to exam.
- Barium Enema – Fleet Prep Kit (with Citrate of Magnesium). Fasting after midnight.
- IVP – same Barium Enema.

Ultrasound:

- Abdomen – Nothing by mouth for 8 hours.
- Kidney/Renal -- Drink 8 oz of water 1 hour prior to exam. Hold bladder full.
- Pelvis – Drink 16 oz of water 1 hour prior to exam. Hold bladder full.
- OB – 1st and 2nd trimester, same as Pelvis (above).
- OB – 3rd trimester, do not void bladder for ½ hour prior to exam.
- Aorta, Retroperitonium: No patient preparation.