



# Ask the GCH Health Expert Lecture Series

Join GCH Health Experts for an open discussion on a variety of health topics affecting you and your family. This is a FREE event.

## UPCOMING TOPICS

- Saturday, May 11 - *Stroke*
- Saturday, June 8 - *Summer Safety & First Aid*
- Saturday, July 13 - *Elderly Care & Fall Prevention*
- Saturday, August 10 - *Back To School Health 101: What Parents Need to Know*
- Saturday, September 14 - *Children & Bullying*

All lectures are held at 1 p.m. at Westland Mall in the East Court.

