HAND THERAPY AT GCH

OCCUPATIONAL THERAPY
NOW ACCEPTING PATIENTS
734.458.3381

Garden City Hospital's Outpatient Hand Therapy Program offers comprehensive care for individuals suffering from hand, wrist, elbow and shoulder injuries. Our certified hand therapists can treat many diagnoses including:

- Tendon repairs
- Nerve repairs
- Carpal Tunnel Syndrome
- Nerve compression injuries
- Cumulative Trauma Disorder
- Fractures of the upper extremity
- Soft tissue injuries and amputations
- Tendinitis
- Arthritis
- Burns
- Complex Regional Pain Syndrome
- Functional limitations

Specialized Therapy

Our certified hand therapists are able to treat upper extremity dysfunction using multiple techniques. Our expertise is crafted from more than 4,000 certification hours of hands-on experience and training. These treatment techniques can include any of the following:

- Custom fabrication of splints
- Modalities for pain relief
- Modalities for edema
- Joint mobilization
- Soft tissue mobilization
- Scar management
- Desensitization
- Wound care
- Orthotic training
- Strengthening programs
- Injury prevention education
- Work simulation
- Work hardening
- Self care modification and retraining

Scheduling

All therapy is scheduled within Garden City Hospital's Occupational Therapy department at 6245 Inkster Road in Garden City. A written prescription from your physician and/or pre-authorization for treatment is necessary. Our staff will work with you, your family, and your physician to develop a customized treatment plan. Patients are contacted within 24 hours after physician referral to set up an appointment. **For an appointment, call 734.458.3381.**

6245 Inkster Road | Garden City, MI 48135 | P: 734.458.3381 | F: 734.458.3344 | GCH.org