

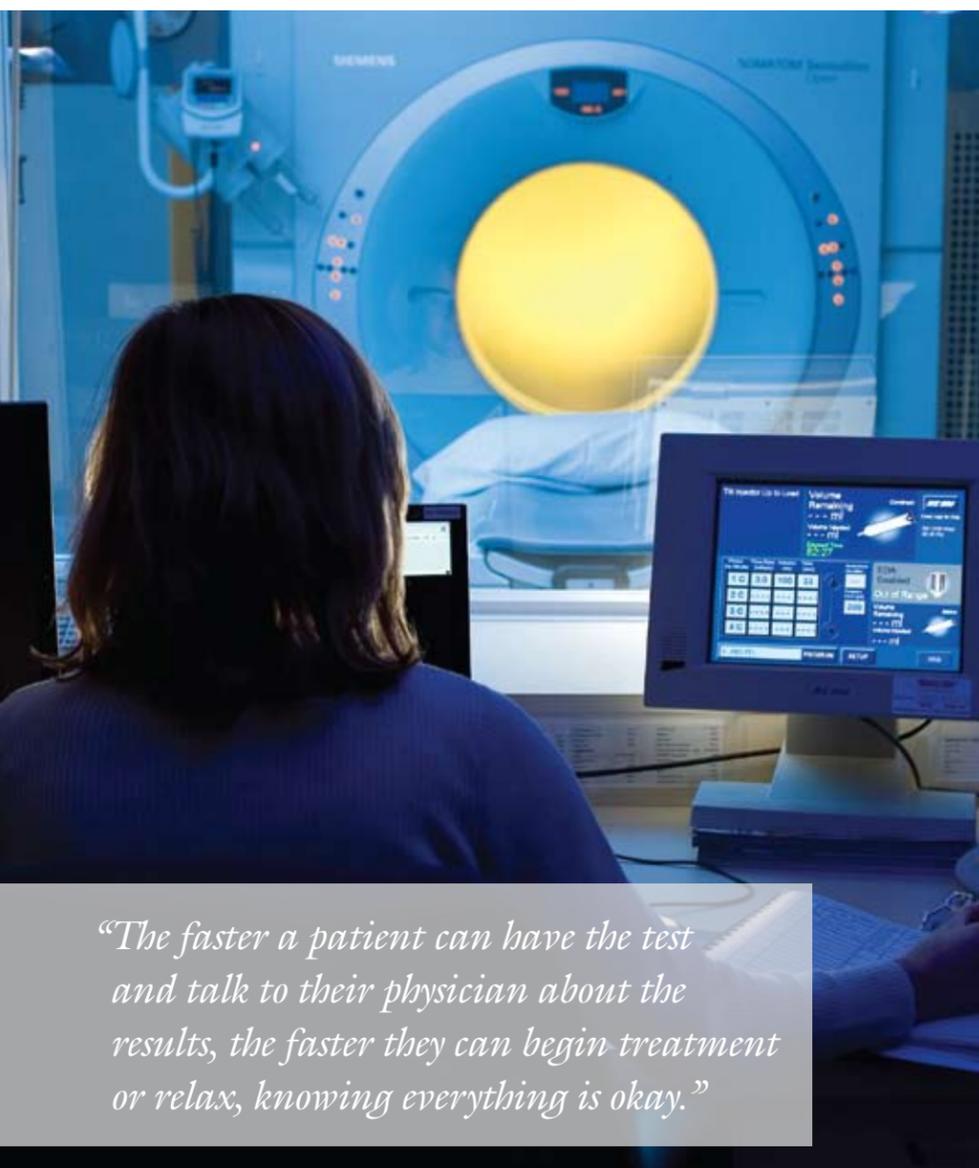
HEALTHY Generations



Good Health. Generation to Generation.

Spring 2008

Same- and next-day CT and MRI diagnose without surgery



"The faster a patient can have the test and talk to their physician about the results, the faster they can begin treatment or relax, knowing everything is okay."

Garden City Hospital's large-bore CT scanner will image patients up to 650 pounds, making the test comfortable for individuals of any size.

WITH THE SAME ADVANCED TECHNOLOGY OF NEIGHBORING HEALTH CARE SYSTEMS, Garden City Hospital offers patients same- and next-day MRI and CT scan appointments in a convenient, easily accessible setting.

Most patients can be scheduled for a CT or MRI within 24 hours. John Brown, M.D., chief of Radiology at Garden City Hospital, explains, "It's important to offer quick scheduling and turnaround for patients. The faster a patient can have the test and talk to their physician about the results, the faster they can begin treatment or relax, knowing everything is okay." Your physician's office can request to have the results within four hours.

Garden City Hospital has invested in a 64-slice CT scanner for the most detailed images, as well as a large-bore CT scanner that images patients up to 650 pounds and eases concerns for anxious patients. The hospital's 1.5 Tesla MRI scanner combines the highest quality diagnostic images with quick scan times.

Surface-level parking is close to the hospital entrance, and the registration process can be done over the phone. CT and MRI services are available for patients through the hospital's emergency room and for

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FROM THE PRESIDENT'S DESK



WELCOME TO THE FIRST EDITION OF

Healthy Generations! It is my pleasure to provide you an insider's glimpse of Garden City Hospital and the enhanced services we provide to our community. You will also begin to meet some of our 365 physicians in 54 medical specialties and learn about their expertise.

Inside this edition is a story about the latest technology CT scanner with a larger opening which helps reduce the anxiety of confined spaces and MRI technology that helps physicians examine the inside of the body without surgery.

The story about the Westland Specialty Center highlights the area's largest multiplace hyperbaric chamber, the state-of-the-art Sleep Disorders Center and the Sports Rehabilitation Center for physical therapy.

As we strive to bring our community only the best, we are pleased to share that our organization was recently chosen by Thomson Healthcare (formerly Solucient) as one of its TOP 100 Hospitals nationwide.

We hope that you will give Garden City an opportunity to serve your health care needs. Our Referral Center can help you find a physician, locate a health service, or find answers about Garden City Hospital. The phone number represents our desire for you to maintain your good health: 1-877-717-WELL.

Gary R. Ley
Gary R. Ley, President

Among Top 100 Hospitals Nationwide

EACH YEAR THOMSON HEALTHCARE, A NATIONAL health care information company, publishes its Top 100 Hospitals selections. For the first time Garden City Hospital has ranked in the Top 100 in the nation for teaching hospitals with 200 or more acute-care beds.

The award is given based on criteria that reflect performance across the entire organization. As a Top 100 Hospital, Garden City Hospital ranks above the 90 percent of other hospitals on key performance measures such as:

- Patient outcomes
- Patient safety



- National treatment standards
- Efficiency
- Financial stability

Thomson Healthcare uses only public Medicare data, so all hospitals are measured based on the most reliable standards reported. Only 100 hospitals from five categories (major teaching, teaching, and large, medium and small community hospitals) are awarded this honor.

"Garden City Hospital received this prestigious designation due to the hard work and dedication of our hospital employees," said Chief

Medical Officer Gary Moorman, D.O., "Our team of 365 physicians strives to ensure the best possible patient outcomes by using advanced technology and treatment protocols. Patient safety and efficiency are always top priorities, and our medical staff is constantly praised by patients for their compassionate approach to patient care. The Award recognizes them, together with the entire hospital staff, for their efforts."

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HEALTHY Generations

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Westland Specialty Center brings wound healing and sleep to community

IN ONE CONVENIENT WESTLAND LOCATION, with surface-level parking just steps from the entrance, patients' stubborn wounds can be healed. Sleepless nights can end and aches and pains with customized therapy can be relieved.

WOUND HEALING

A \$1 million investment in one of the state's largest hyperbaric chambers treats non-healing wounds using pure oxygen. Don't wait for other therapies to fail, hyperbaric treatment can offer remarkable results. Wound specialists and the eight-seat hyperbaric chamber create a welcoming and comfortable treatment experience.

SLEEP CENTER

Along side the multi-place hyperbaric chamber is a new location for Garden City's Sleep Disorder's Center, where sleep studies are performed for the diagnosis of sleep disorders such as sleep apnea. It has six hotel-like bedrooms and state-of-the-art sleep monitoring equipment.

SPORTS REHABILITATION

The Garden City Hospital Sports Rehabilitation Center houses a team of physical therapists, a workout area, Nautilus machines, and an aquatic therapy pool helps return patients back to their game.

OTHER SERVICES

Located at 35600 Central City Parkway, just north of Westland

Mall, the center also offers the community:

- Garden City Home Medical Equipment, for home care needs including walkers, respiratory and oxygen therapy supplies, breast pumps, and bathroom safety aids. Trained staff answer questions about how to care for yourself or a loved one safely at home.

- Laboratory Services Draw Station, where patients can quickly have blood and other labs drawn in a private, comfortable, and easily accessible location.

- Physician offices. These Garden City Hospital physicians now see patients at the Westland Specialty Center:

- ◆ Marshall Medley, D.O., Vascular Surgery/Wound Healing
- ◆ Donald R. Cox, D.O., Internal Medicine/Infectious Diseases
- ◆ Louis Tegtmeier, D.O., General Surgery
- ◆ John Morrison, D.O., Pulmonary/Sleep Disorders
- ◆ Robert Grant, D.O., Pulmonary/Sleep Disorders
- ◆ Amal Omran, M.D., Internal Medicine/Sleep Disorders

“By opening the Westland Specialty Center, we're able to house key services in a facility that's easy for



“I had a sleep study, was diagnosed with sleep apnea, and they fitted me with a CPAP breathing machine. Now, I feel 100 percent better every morning. I'm well rested and so is my family. I tell people, don't ignore your sleep problems.”

MICHAEL GEISTLER,
Westland
Sleep Disorders Patient

our patients to reach and comfortable for them to use,” says Garden City Hospital President and CEO Gary Ley. “The services we offer at the Center fill a need for area residents, and we're proud to be able to meet those needs in such modern, pleasant surroundings.”

To schedule an appointment with a physician or at the Westland Specialty Center, please call Garden City Hospital at 1-877-717-WELL. Or for more information visit www.gchosp.org.



“My wound has improved so much with hyperbaric treatment, that now I probably don't need to have surgery.”

DOROTHY THRASHER,
Livonia

Patient, The Wound Healing & Hyperbaric Center of Michigan



Westland Specialty Center Showcases Community 'Gem'

On Saturday, March 15, more than 250 guests joined Garden City Hospital to celebrate the grand opening of the Westland Specialty Center. The event peaked in attendance and excitement at 11 a.m. with a ribbon-cutting in the Center's atrium. Garden City Hospital President Gary Ley led the ceremony, which included a speech by Westland's Deputy Mayor Courtney Conover. The broad green ribbon was extended across the atrium and Westland Specialty Center staff gathered behind as it was cut to mark the Center's official opening.

When do you need the ER?

IT'S 2 A.M. AND THE PAIN IS INTENSIFYING. The neighborhood is so quiet, it seems the world is asleep. "At the Garden City Hospital Emergency Department, we're not sleeping at 2 a.m.," assures Mark Smith, M.D., a

Garden City Hospital emergency medicine physician and vice chair of the department. "A staff of emergency medicine physicians and nurses is ready to see you, any time of the day or night when you need care."

DON'T DOUBT, GET IT CHECKED OUT

When an illness or injury is an obvious emergency, don't hesitate to call 911. But for those times you're unsure if a trip to the ER is needed, Dr. Smith shares this advice: "During business hours, call your primary care physician. But when your doctor's office is closed and you think you need medical help, don't wait. Go to the emergency department."

Garden City Hospital's Emergency Room is open 24 hours a day, seven days a week, and easy to access from Inkster Road. "Our physicians are all board-certified in emergency medicine," says Dr. Smith, "we strive to provide compassionate care to all our patients." The staff of nurses includes certified emergency nurses, who received additional training specifically in emergency nursing care.

"We see patients in the order they arrive, but when a patient is very sick or has a severe injury, we see that person right away," comments Dr. Smith. "That may mean a slightly longer wait for those with less serious ailments, and we hope our patients understand that we will see them just as soon as possible."

FAST TRACK

During busy times in the Emergency Department, patients with less serious illnesses and injuries can be seen in the Fast Track area. Dr. Smith explains,

NEVER IGNORE THESE SYMPTOMS

According to Dr. Smith, some symptoms should never be ignored. If you experience these symptoms, call your physician or take an immediate trip to the ER for evaluation:

- Difficulty breathing
- Chest pain
- Sudden numbness or weakness, or changes in vision or mental status
- Thoughts or threats of suicide
- Severe abdominal pain or blood in vomit
- Bleeding that won't stop
- A piece of glass, wood or another object that is lodged in a cut
- High fever that lasts longer than 48 hours and is not relieved with medication
- Allergic reaction, such as trouble breathing or swelling in the mouth, tongue or face
- Electrical injuries
- Severe burns
- For pregnant women, bleeding or pain

For emergencies call 911, or to make an appointment with a Garden City Hospital physician, call 1-877-717-WELL.

"Fast Track is not an urgent care center, but an 'express lane' through the ER experience. Our goal is to get you in and out in an hour."

For more information about emergency care at Garden City Hospital, or to make an appointment with a Garden City Hospital physician, call 1-877-717-WELL.



SAME- AND NEXT-DAY CT *continued from cover*

patients whose physicians request the scans.

Imaging technology, which began with X-rays and now includes CT scans and MRI, allows a physician to see inside the body without making an incision.

"CT and MRI have had a profound impact on the field of medicine," says Dr. Brown. "These

sophisticated technologies allow physicians to examine a patient's internal structures and detect problems quickly, without surgery and with little or no discomfort."

A CT scan uses an X-ray unit that rotates around the body and a powerful computer to create cross-sectional images of the structures inside. It clearly reveals bones and

organs, their inner structures, and detailed anatomy of organs and blood vessels.

MRI, or magnetic resonance imaging, harnesses the power of magnets. "MRI has much greater soft tissue contrast than CT scan, making it especially useful in neurological and gynecological diagnoses," says Dr. Brown.

To have your CT or MRI scan at Garden City Hospital, simply ask your physician's office to schedule your appointment by calling 734-458-3471. For an appointment with a Garden City Hospital physician, call 1-877-717-WELL or log on to www.gchosp.org.

Non-healing wounds require specialized care



Marshall Medley, D.O., vascular surgeon and wound care specialist treats a patient struggling with a non-healing wound.

MOST WOUNDS HEAL ON THEIR OWN IN JUST A SHORT time. But for people with diabetes, circulatory problems, or blood flow issues, these wounds may take months or years to heal. Pain, infection and loss of mobility often result, affecting quality of life and overall health.

“Wound care is at the forefront of medicine, and advances in wound healing are constantly being developed,” explains Marshall Medley, D.O., a vascular surgeon at Garden City Hospital who specializes in treating non-healing wounds. “New treatments, such as advanced wound dressings, bio-engineered skin substitutes, and hyperbaric oxygen therapy, offer possibilities for healing wounds that were not available a decade ago.”

Wounds originate for a variety of reasons. Inactive patients can develop pressure sores, and diabetic patients may step on an object or develop blisters on their feet. Traumatic injuries from falls or bumps, surgical wounds, and tissue damage from radiation therapy for cancer treatment are also common causes.

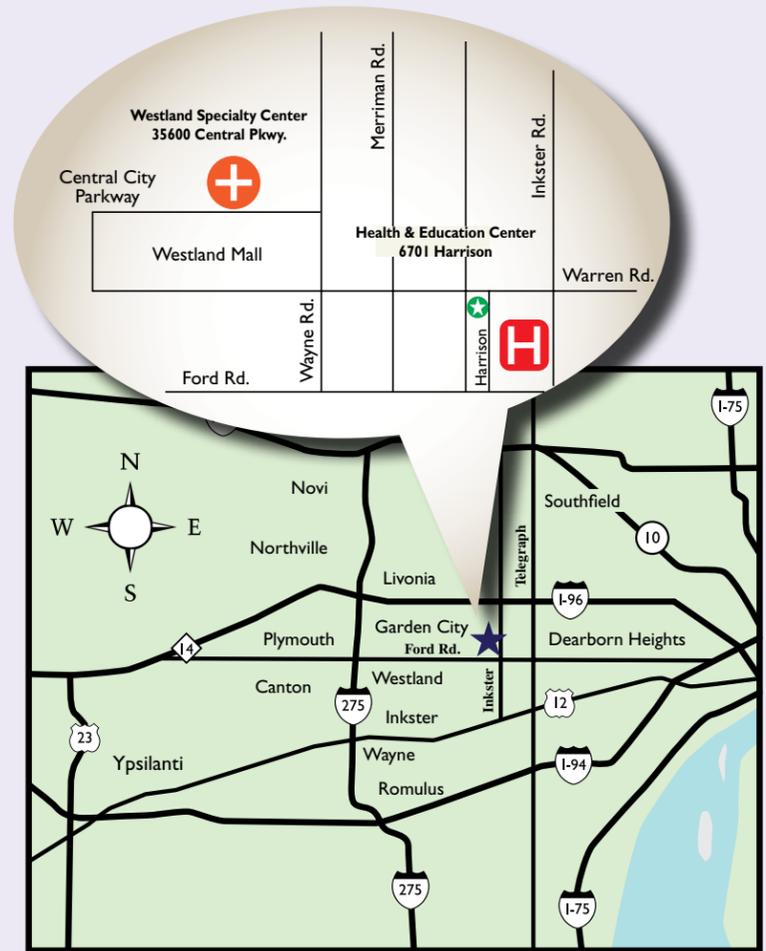
Garden City Hospital made a commitment to the specialized field of wound care by establishing the brand-new Wound Healing & Hyperbaric Center of Michigan, where all of the advanced treatment

options Dr. Medley mentioned are offered. The Center is the only location in Michigan where both a wound care center and a multi-place hyperbaric chamber are available together.

“We invested \$1 million in a multi-place hyperbaric chamber – the second largest in the state of Michigan – to provide patients with hyperbaric therapy in the most comfortable, technologically advanced setting possible,” said Dr. Medley. “This therapy is for selected wounds and has shown great promise in wound healing. For many patients, simply breathing oxygen under pressure daily for several weeks has astounding results.”

If a wound has not healed in more than six weeks, it is a signal to get help from a wound specialist. Other signs a wound needs expert care are redness, pain, weeping or draining, and a foul odor. If you feel embarrassed about a wound or it affects your quality of life, seek care at a wound center.

For more information about the Wound Healing & Hyperbaric Center of Michigan, or to schedule an appointment with a Garden City Hospital physician specializing in wound healing, call 1-877-717-WELL or log on to www.gchosp.org.



CONVENIENT AND SIMPLE Call 1-877-717-WELL

THE TECHNOLOGICAL AGE brings with it many advantages, but sometimes the wealth of information and gadgets in our lives seems to make living more complicated. Garden City Hospital recognizes the need to keep things simple, and developed two telephone numbers for easy access to physicians departments and patients.

Call Garden City Hospital for these services by dialing: **1-877-717-WELL**

Physician Referral

Referral to a Garden City Hospital physician who satisfies your insurance, scheduling, and personal preferences

Health and Fitness Programs

Find out more about health and fitness classes, and sign up for the class that interests you. Classes are listed at www.gchosp.org.

To reach a patient or hospital department: Call 734-458-3300

When you need information about visiting hours, directions, to reach a loved one who is a patient, or to reach a hospital department at Garden City Hospital, the operators will assist you.

To learn more about Garden City Hospital, see a complete schedule of health and fitness classes, or find a doctor on line, visit our web site at www.gchosp.org.

